



## **Give Kids the Confidence and Skills They Need to Grow into Happy Healthy Adults**

Too Good puts Social and Emotional Learning to work through fun and interactive lessons, building the self confidence young people need to make healthy choices and achieve success.

Too Good for Drugs and Too Good for Violence promote positive, pro-social attitudes and behaviors, while fostering healthy relationships, resistance to substance abuse and conflict, and resistance to negative peer pressure and influence.

Too Good mitigates risk factors and promotes resiliency through the development of these skills and traits:

- Goal Setting
- Decision Making
- Effective Communication
- Anger Management
- Media Literacy
- Conflict Resolution
- Social and Emotional Competency
- Pro-Social Bonding