

Grilled Brown Sugar Barbecue Chicken Breasts

Mayor John McCormac

3 Tablespoons Wegmans Barbecue Seasoning

2 Tablespoons Wegmans Dark Brown Sugar

1 1/2 Tablespoons salt□

6 Tablespoons Wegmans Basting Oil□

2 packages (about 3 lbs) Wegmans Chicken Split Breasts

Nutrition Info:

(recipe serves 8-12)

Each serving (about 6 oz chicken) contains 410 calories, 1 g carbohydrate, (0 g fiber), 45 g protein, 24 g fat, (7 g saturated fat), 185 mg cholesterol, and 290 mg sodium.