

## Quick Reference Guide to Social Services and Housing Resources

### GENERAL

- **Department of Human Services** ([www.state.nj.us/humanservices](http://www.state.nj.us/humanservices)) is a website that provides a comprehensive list of all programs and services supported by the state.
- **NJ Helps.org** ([www.njhelps.org](http://www.njhelps.org)) is a one-stop website designed to screen individuals for eligibility to over 30 social service programs. Individuals can go on independently or with the assistance of a case-manager or constituent services staff member and apply for services such as food stamps and NJ FamilyCare.
- **NJ211.org** ([www.nj211.org](http://www.nj211.org)) is an informational hotline that can be dialed from any phone and an online, searchable social service directory with 'chat' function.

### ADDICTION SERVICES

- **NJ Drug Hotline.org** ([www.njdrughotline.org](http://www.njdrughotline.org)) has helped over a million people find alcohol or drug treatment programs, locate 12-step support meetings, or find the answers they seek to questions concerning drugs and alcohol. Trained telephone counselors are available 24 hours a day, 7 days a week to educate, assist or counsel individuals and families battling addictions. Calls are free and information shared is confidential.

### CHILD CARE

- **Child Care Resource and Referral Centers** (<http://www.state.nj.us/humanservices/dfd/CCRandRs.html>) services include information and referral to help parents locate child care resources and to answer typical questions regarding types of child care, how to pay for care, and even how to become family day care and licensed child care providers.

### FOOD ASSISTANCE

- **NJ Food Stamps** (<http://www.state.nj.us/humanservices/dfd/foodstamp.html>) gives eligibility requirements and provides an application for food stamps, which are available to low-income households including families, couples without children, individuals, seniors, disabled persons, legal immigrants and victims of family violence.
- **End Hunger NJ.org** ([www.endhunger.org](http://www.endhunger.org)) helping individuals and families locate food assistance at food pantries and/or soup kitchens. The site also provides nutritional advice and information about food safety.

### HEALTH CARE

- **NJ FamilyCare.org** ([www.njfamilycare.org](http://www.njfamilycare.org)) provides information and an application on low-or no-cost health insurance for families 350% or below the federal poverty level.
- **NJ FamilyCare ADVANTAGE** ([http://www.horizonnjhealth.com/members\\_nj\\_familycare\\_advantage.asp?urlSection=members](http://www.horizonnjhealth.com/members_nj_familycare_advantage.asp?urlSection=members)) provides information and an application on low-cost health insurance for families above 350% of the federal poverty level.
- **NJ HealthLink** (<http://www.nj.gov/njhealthlink/>) provides information about health related services with links to treatment screening services, including emergency, mental health, addiction, prescription drugs, nutrition, long-term care, insurance, financial assistance and vocational rehabilitation resources.

### HOUSING

- **The NJ Housing Resource Center** ([www.njhousing.gov](http://www.njhousing.gov)) is an online tool for finding and listing affordable housing, helping people with disabilities find housing and finding housing information. Vacancies are updated bi-weekly.
- **The Homelessness Prevention Program** provides short term assistance to applicants meeting the program's eligibility guidelines. **For renters facing eviction**, go to [www.nj.gov/dca/divisions/dhcr/offices/docs/hppcontacts.pdf](http://www.nj.gov/dca/divisions/dhcr/offices/docs/hppcontacts.pdf). **For Homeowners facing foreclosure**, go to [www.nj.gov/foreclosremediation/](http://www.nj.gov/foreclosremediation/) or call 1-888-989-5277.

### MENTAL HEALTH

- **Designated Psychiatric Screening/Crisis Centers** (<http://www.state.nj.us/humanservices/dmhs/MH-screening-centers.html>) provides a list of the mental health screening centers and related hotline numbers by county.